

2/2/2014

GSA Adult Co-ed League Rules

3.14 NTSSA RULES OF COMPETITION

The Rules of Play for Adult and Youth competition of NTSSA and its affiliated members shall be the FI FA Laws of the Game.

FI FA Laws of the Game Modified for BISA Adult Coed Program:

Field Length

Min. 100 yds.

Goal Size

8 ft. x 8 yds.

3.14.3 Law III - Number of Players and Substitution

Eleven (11) verses eleven (11) with 3 players being female.

Each recreational player, when present at a game, shall be required to play the minimum of 50% of the time.

Substitution Rule - Adults: FI FA rules for substitution will apply with the exception of the number of players and the frequency of their substitution.

Substitutions will be made:

- a. At a throw-in by team in possession; if this opportunity is taken and the opponent wishes, they may also substitute
- b. Either team, at a goal-kick;
- c. Either team, after a goal is scored;
- d. Either team at an injury, when the referee stops the play;
- e. At halftime;
- f. When a caution (yellow card) is given, that player will be immediately substituted and cannot return to the field of play until the next available substitution for their team.
- g. At the discretion of the referee

3.14.4 Law IV - Player's Equipment

Each player shall have a permanent number on the back of his jersey not less than four (4) inches high. Shin guards, meeting the standards set forth in the FI FA Laws of the Game or subsequent memoranda, shall be mandatory. NO

JEWELRY may be worn while on the field unless it is a medical alert necklace or bracelet which must be taped down for safety reasons.

3.14.5 Law V - Referee * * * No Changes

3.14.6 Law VI - Assistant Referee * * * No Changes

3.14.8 Law VII - Start of Play * * * No Changes

3.14.9 Law IX - Ball in and out of Play * * * No Changes

3.14.10 Law X - Method of Scoring

In Adult Coed play, two (2) points will be awarded for a goal by a female, one (1) point for a goal by a male. There is a maximum of 3 goals per player, including women.

3.14.11 Law XI - Off-Side * * * No Changes

3.14.12 Law XII - Fouls and Misconduct

Slide tackling is prohibited. Sliding to keep a ball in the field of play is allowed, unless there is another player playing the ball. It will be at the discretion of the referee to issue a card.

It is not intentional "hand-ball" offense for any player to attempt to protect the vital areas of his or her body (chest, crotch, face) by placing hands or arms across them to protect them from being struck at close

range by the ball. The match referee shall be the sole judge of whether the hands or arms were used to deliberately propel the ball.

3.14.13 Law XIII - Free Kick * * * No Changes

3.14.14 Law XIV - Penalty Kick

Must be taken by a female and is worth one (1) point

3.14.15 Law XV - Throw-In * * * No Changes

3.14.16 Law XVI - Goal Kick * * * No Changes

3.14.17 Law XVII - Corner Kick * * * No Changes

Game reports are to be given to the referee prior to the game. The referee will turn in game reports.

Referees are assigned to games based on their ability, not their age. All three (3) referees are in charge of the game.

As they are human, there may be mistakes made. Arguing with any referee will not be tolerated nor will unsportsmanlike behavior. These may result in a card given.

Player ID cards will be given to the AR. Name and jersey number must match card to play.

Each team will pay center referee \$20 and their AR \$25. Failure to pay results in a forfeit.

Foul language will not be tolerated. A card may be given even if the language is not directed towards a referee.

If there is a conflict of jersey colors, the home team will change color. Goalkeepers will wear a different color than either team.

When a player receives a red card, that player must sit out the next game. Violence or abusive language is a decision to be made by the A & D committee for the punishment of such actions.